



RESOURCE GUIDE

This information is provided as a service to residents of Crow Wing County. It is neither a recommendation nor an endorsement by Crow Wing County Community Services, as to the quality of service provided by any organization listed.

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ADULT DAY SERVICES

- Breath of Life Adult Day Service (218) 822-3296
(Woodland Good Samaritan Campus)
- Cummings Treasured Time Adult Day Center (218) 546-5071
treasuredtime@embarqmail.com
- Shiloh (218) 568-4673
5384 Country Care Lane, Pequot Lakes
- Senior Class Community (218) 568-5605
4451 East Woodman St – PO Box 134, Pequot Lakes
- Brighter Horizons (218) 829-0636

ADVOCACY INFORMATION/STATEWIDE RESOURCES

- Disability Linkage Line (866) 333-2466
- Help Me Connect helpmeconnect.web.health.state.mn.us
- Long Term Care Ombudsman (800) 657-3591
Or jane.m.brink@state.mn.us (651) 341-9368
- MinnesotaHelp.info - Web based directory of statewide senior help.
- Senior Linkage Line (800) 333-2433
- Tenants Hotline (Information and Advocacy for Tenants) (866) 866-3546
- Veteran's Linkage Line (888) 546-5838
- Vulnerable Adult Reporting (844) 880-1574
- Women's Shelter (218) 828-1216
- WeAreResourceful.org (Helping with health care, legal aid, food pantries, food delivery, housing transportation, counseling, dental care and more.)

CHILD/FAMILY RESOURCES

- WIC: Supplemental Nutrition Program for Women,
Infants and Children (218) 824-1073 - Text Line (218) 839-0157
- Child Protection Services (218) 824-1140
- CWC Child Support (218) 824-1260
- Childcare Aware of MN (800) 890-5399
www.childcareawaremn.org
- Mahube-Otwa Community Action Partnership (218) 632-3600
- Early Childhood Family Education (ECFE)
- Brainerd (218) 454-5430
- Crosby (218) 545-8800 ext 6976

Pequot Lakes(218) 568-9224
 Paul Bunyan Education Cooperative/
 Early Childhood Special Education (218) 454.5500 or (877) 828.7003
 TCC Head Start
 Brainerd (218) 829-2410
 Crosby (218) 546-6142
 Parent Aware (ParentAware.org) (888) 291-9811
 Milk Banking-University of Minnesota Medical Center (612) 672-4122
milkbank@fairview.org
 Infant Feeding Support Lines
 Essentia Health Brainerd/Baxter (855) 710-2229
 Lakewood Health System (218) 894-8846
 Lakes Area Pregnancy Support Center (218) 825-0793
 Natural Family Planning
 Essentia Health St. Joseph's Medical Center (218) 829-2861 ext 6217
 MN Family Planning & STD Hotline 800) 783-2287
 North Central Breastfeeding Network
 • Crow Wing County Community Services (218) 824-1080
 • Aitkin County Health and Human Services (218) 927-7200
 • Morrison county Public Health (320) 632-0346
 • Todd County Health and Human Services (320) 732-4500
 • Wadena County Public Health (218) 631-7629
 Otter Tail-Wadena Community Action Council
 Family Planning Clinic (218) 346-3612
 Birthright (218) 829-8470
www.birthright.org
 Bridge to Benefits Bridgetobenefits.org
 CWC Health Division (877) 724-1080 or (218) 824-1073
 The Lice Guides (320) 232-0414
www.theliceguides.com

CLINICS

Essentia Health St Joseph's, Brainerd/Baxter Clinic - Info (218) 829-7100
 Cuyuna Regional Medical Center - Clinic (888) 420-2778
 Crosslake Clinic (218) 692-1010
 Lakewood Clinic, Pillager (218) 746-4550
 Pequot Family Clinic (218) 568-4416
 Pine River Family Clinic (218) 587-4416
 Riverwood Healthcare Center, Aitkin (218) 927-2121

Veterans Administration Outpatient Clinic, Brainerd(218) 855-1115
 WeARE 218) 454-1546
wearebrainerd.org

COMPANION SERVICES

Comfort Keepers..... (218) 822-3200
 Golden Heart Home Health Services (218) 820-0871
 Lutheran Social Services (Angela Kingbird)(218) 824-3804
 Lutheran Social Services Statewide(888) 205-3770

CRISIS LINES

Brainerd Warming Shelter (1st come 1st served opens at 8:00pm)
 1926 S 7th Street Brainerd
 Crow Wing County Victim Services(218) 828-9518
 The Crisis Line (800) 462-5525 or (218) 829-HELP (4357)
 Crisis Nursery..... (218) 330-2106
 Focus Unit(218) 828-7374
 Friendship Line(800) 971-0016
www.ioaging.org/services/all-inclusive-health-care/friendship-line
 Help Me Connect (list of statewide shelters)
helpmeconnect.web.health.state.mn.us
 LSS Saving Grace – Sexual Exploitation/ Trafficking services(218) 829-5000 x 6
 Lutheran Social Services of Minnesota (866) 824-3770 (24/7 Hotline)
 (218)824-3770 SavingGrace@lssmn.org
 Mid-Minnesota Women's Center_(218) 828-1216 / (888) 777-1248
www.womenscenteronline.org
 Meta5-CLC (Shelters for Families Only)(218) 855-8210
 National Suicide Prevention Hotline.....988 OR...(800) 273-8255
suicidepreventionlifeline.org/
 New Leaf Healing Center - Crisis residential stabilization for adults
 (Cohasset)(218) 910-4855
 Safe Harbor Crisis Stabilization Services – Crisis residential stabilization for adults
 (Brainerd)(218) 454-3844
 Sexual Assault Services..... (218) 828-0494 / (888) 458-0494
 Suicide Text LineText MN to 741741
 The Trevor Project.....(866) 488-7386
www.thetrevorproject.org/get-help-now/
 Warm Line(844) 739-6369
mnwitw.org/mnwarmline

CUSTOMIZED LIVING SERVICES

Almond House (20 bed home)	(218) 825-9255
802 SE 28 th St SE, Brainerd	
Almost Home (7 – 4plex apartments)	(218) 822-3067
710 SE 28 th St SE, Brainerd	
Bethany Good Samaritan Apartments	(218) 829-4366
1953 South 7 th Street N, Brainerd	
Birchwood Samaritan House	(218) 855-6636
2509 Greenwood St, Brainerd	
Carefree Living	(218) 829-8622
2723 Oak St, Brainerd	
Central Minnesota Senior Care (16 bed home)	(218) 828-4823
1008 10 th St S, Brainerd	
Diamond Willow	(218) 839-8136
14396 Grand Oaks Dr, Baxter	
Edgewood Vista - Brainerd.....	(218) 828-3691
14890 Beaver Dam Rd, Brainerd	
Edgewood Vista - Baxter	(218) 828-4770
14211 Firewood Drive, Baxter	
Elmwood Samaritan House	(218) 829-1429
2501 Greenwood Street, Brainerd	
Golden Horizons	(218) 692-6650
13631 East Shore Road, Crosslake	
Hallett Cottages	(218) 546-6265
350 – 4 th Street NE, Crosby	
Harmony House	(218) 828-4142
218 SW 9 th Street, Brainerd	
Heartwood Senior Living	(218) 546-8500
500 Heartwood Drive, Crosby	
Shiloh	(218) 568-4673
5384 Country Care Lane, Pequot Lakes	
Hills Crossing Senior Care	(218) 961-5605
5307 Hills Crossing, Nisswa	
Oakwood Samaritan House	(218) 825-9364
2501 Greenwood Street, Brainerd	
Senior Class Community	(218) 839-1895
4451 East Woodman Street, Pequot Lakes	
Woodland Good Samaritan Apartments	(218) 292-7335

200 Buffalo Hills Lane, Brainerd

EDUCATION RESOURCES

AEC.....	(218) 454-5400
Brainerd Community Ed.....	(218) 454-6924
Central Lakes College.....	(218) 855-8000
Confidence Learning Center.....	(218) 828-2344
Crosby Community Ed.....	(218) 545-8822
Independent School District 181.....	(218) 454-6900
Paul Bunyan Ed. Co-op.....	(218) 454-5500
Pequot Lakes Community Ed.....	(218) 568-9200

EMERGENCY RESPONSE UNITS

Ambulance & Emergency Care	(218) 829-8767 or 911
CentraCare Health.....	(320) 251-2700 – Ext 2
CWC	(218)829-4749
Cuyuna Regional Medical Center.....	(800) 698-2311
Knute Nelson Home Care.....	(218) 454-1542
PAL Medical System	(800) 852-6575
Recover Health	(218) 316-3444
VRI.....	888) 526-1456

vricares.com

ENERGY ASSISTANCE PROGRAMS

Rural Housing Repair & Rehabilitation Loans & Grants	(218) 829-5965 x 4
Lutheran Social Services	(218) 829-5000
Tri-CAP.....	(218) 829-2410
TCC.....	(218) 829-2410
Heat Share	(218) 829-1120

centralusa.salvationarmy.org/northern/heatshare-program

FINANCIAL/EMPLOYMENT

Bridges of Hope	(218) 825-7682 or (888) 750-2682
Crow Wing County Employment and Economic Services.....	(218) 824-1250

(Food Support, Cash Assistance, Emergency Assistance, Medical Assistance)
 Experience Works (jobs for 55 & older)(218) 454-0610
 Hoge & Company, Representative Payee of Greater MN(218) 772-0289
 LSS Financial and Mortgage Counseling(888) 577-2227
 Social Security Administration (866) 331-9087 or Fax (833) 950-3393
 8331 Brandon Road, Baxter
 Thrivent Financial Certified LTC Advisor.....(218) 454-8272
 (Tara Hensing Woitalla, CLTC®, FIC)
 Work Force Center.....(218) 892-3340

FITNESS

Anytime Fitness(218) 454-2000
 Crossfit (218) 851-9153
 Curves – Nisswa(218) 963-0100
 Hallett Community Center –
 Crosby.....(218)546-2616
 It Figures – Brainerd(218) 822-3302
 It Figures – Pequot Lakes(218) 568-6060
 FitQuest - Brainerd.....(218) 829-6453
 Planet Fitness(218) 270-2036
 Take Down Gym(218) 454-1770
 The Burn(218) 454-2077
 Y.M.C.A.....(218) 829-4767

FOSTER CARE SERVICES FOR ADULTS

Crow Wing County Social Services(218) 824-1140

HOME CARE AGENCIES

Barnabas(218) 829-0901 or (800) 434-7225
 223 Washington Street, Brainerd
 Comfort Keepers.....(218) 822-3200
 Divine Home Care(320) 632-2260
 50 ½ East Broadway, Little Falls
 Grattan Health Care(218) 820-1326
 Good Neighbor.....(218) 829-9238

- 14387 Edgewood Drive, Baxter
 Good Samaritan Home Care(218) 963-9452
 24090 Smiley Rd Ste 200, Nisswa
 Home Health Partnership.....(218) 546-2311 or (800) 698-2311
 320 Main Street, Crosby
 Home Instead Senior Care (Deb Cranny).....(218) 824-0077
 108 South 6th Street, Brainerd
 Horizon Home Health, Inc(320) 468-6451
 26814 143rd Street, Pierz
 Knute Nelson Home Care and Hospice(218) 454-1542
 15175 Edgewood Drive, Suite 160, Baxter
 MN Home Care(218) 824-1435
 14475 Edgewood Drive, Baxter
 Recover Health(218) 316-3444
 15 Washington Street, Brainerd
 Senior Class Care(218) 568-1098
 30849 First Street – PO Box 852, Pequot Lakes

PERSONAL CARE SERVICES ONLY

- Achieve Healthcare(763) 913-1325
 7850 Riverdale Drive, Suite D, Ramsey
 Advantage(218) 838-4543
 Grattan Health Care(218) 820-1326

HOUSING

- Housing and Redevelopment Authority (HRA)(218) 828-3705
www.brainerdhra.org
 Renters Education (Home Line)(866) 866-3546
 Central Minnesota Housing Partnership, Inc.....(888) 203-9301
www.cmhp.net
 USDA Rural Development(651) 602-7800
www.rurdev.usda.gov
 Lakes Area Habitat for Humanity(218) 828-8517
info@lakesareahabitat.org
 Brainerd Rental Inspector(218) 828-2307
www.ci.brainerd.mn.us/162/Rental-Housing
 Brainerd City Inspector(218) 828-2309 or (218) 454-5113

HOSPICE SERVICES

Good Samaritan Hospice(218) 963-9452
 Home Health Partnership.....(218) 546-2311
 Heartland Hospice(218) 829-1252
 Knute Nelson Home Care(218) 454-1542
 St Croix Hospice.....(218) 203-9890
 Horizon Health, Inc(320) 468-6463

LEGAL ASSISTANCE

Attorney General's Office - Consumer Division(800) 657-3787
 Free legal information for Rentershomelinemn.org
 Legal Aid – Crow Wing County (60+)(888) 360-2889
 Or(218) 829-1701
 Volunteer Lawyer Network(612) 752-6655

LGBT RESOURCES

GLBT National Help Center National Hotline(888) 843-4564
 Free & Confidential Peer Support www.glbthotline.org
 First Congregational United Church of Christ.....(218) 829-2528
 415 Juniper Street, Brainerd
 Central Minnesota PFLAG.....(320) 492-8486
 Meets the first Monday of each month St Cloud Library
 SAGE: Services and Advocacy for GLBT Elders(877) 360-LGBT
 www.sageusa.org

LOW COST/FREE PHONE SERVICES

Life Wireless(888) 543-3620
 QLink Wireless(855) 754-6543
 TerraCom Wireless(888) 716-8880
 T-Mobile Lifeline(800) 937-8997

MEDICAL MISCELLANEOUS

Audiology Services
 CRMC(218) 546-7462 or (888) 420-2778
 Essentia Health218) 828-2880 or (800) 227-8262
 Expressions Shoe Center (fit diabetic shoes)(218) 568-6690

The Feet People (fit diabetic and orthopedic shoes/inserts).....(218) 822-3026
 Hear Now (800) 328-8602 (ask for Hear Now)
 Hearing Aids for \$125 each for those with no other means/payers
 Helping You Hear (218) 855-1247
 601 NW 5th Street, Suite 5, Brainerd
 MEDICARE Link www.medicareplans.com/minnesota
 State Services for the Hearing Impaired..... (320) 255-3707
 Toll Free Voice (800) 657-3663
 Toll Free TTY (888) 488-3909
 Video Phone (for signing)..... (651) 964-1514
 State Services for the Blind (651) 539-2300

MEDICAL SUPPLIES

ActivStyle (800) 651-6223
 Aitkin Medical Supply (218) 927-3113 (800) 488-9127
 Brainerd Medical Supply (218) 829-2100
 Custom Medical Supply (218) 326-2212 (877) 326-2212
 North Central Medical Supply (218) 825-7331 (888) 577-7331
 Specialty Home Medical (218) 828-4710 (800) 450-4710

MENTAL HEALTH

Autism Matters (218) 454-5181
 Essentia Health – St Joseph’s (Grace Unit) (218) 828-7437
 Lutheran Social Services (218) 828-7379
 Lakewood Health System – Staples (Reflections Unit) (218) 894-8200
 Mille Lacs Health System – Onamia (Senior Care Unit) (320) 532-2750
 Northern Pines Mental Health Center (833) 316-0698
 Northern Pines Mental Health Urgen Care Clinic (218) 454-8001
 Northern Psychiatric Associates (218) 454-0090
 Nystrom & Associates (218) 829-9307
 Sanford Behavioral (Bemidji) (218) 333-2035
 The Insight Network (218) 839-3095
 The Therapist (218) 454-3288

Neuro-Cognitive Testing for Dementia

Alzheimer’s Association Helpline (800) 272-3900
www.alz.org/about
 Dr Julie Eggers-Huber (Lakewood Health System) (218) 894-1515

Dr Jeffrey Kearney (St Cloud)(320) 258-3833
 CentraCare (Behavioral Health St Cloud)(320) 255-6677
 University of Minnesota Neurology Department(612) 273-3000

Counseling / Therapy

Acquire Mental Health.....(218) 833-9103
acquirementalhealth.com
 Birchlake Counseling Center
 (Hackensack, Crosslake, Remer, Wadena(218) 675-5101
birchlakecounseling.com
 Birchwood Counseling(218) 454-1082
 Clearview Counseling (Aitkin)(218) 429-0110
 Compass Counseling.(218) 961-4673
 Ellie Family Services (Brainerd)(651) 313-8080
elliefamilyservices.com/about
 Lakes Country Counseling.....(218) 454-0878
www.lakescountrycounseling.com
 Leech Lake Band Behavioral Health Services(218) 335-3050
www.llojibwe.org/hs/behavioralhealth.html
 New Beginnings Counseling (Aitkin)(218) 429-0105
newbeginningcounseling.com
 Northland Counseling Center (Aitkin and Grand Rapids)(218) 670-0005
 Whole Person Counseling (Crosby)(218) 772-0131
www.wholepersoncounseling.biz

Domestic Violence/ Sexual Assault Counseling

Day One Services (Statewide)(866) 223-1111
dayoneservices.org
 Healing opportunities provided Equally (Aitkin).....(888) 276-1720
www.aitkinhope.org
 Support within Reach (Aitkin)(866) 747-5008
www.supportwithinreach.org
 Family Safety Network (Cass County).....(800) 324-8151
 Sexual Assault Services (Crow Wing)(888) 458-0494
www.sasmn.org

SUBSTANCE USE & CHEMICAL DEPENDENCY

Alcoholics Anonymous Lakes Area Alano (Baxter)(218) 825-3770
lakesareaalano.org
 Aitkin Alano (Aitkin)(218) 549-3237
 Alcoholics Anonymous www.aa.org/

Central Lakes Drug Testing (Brainerd).....	(218) 829-9326
centrallakesdrugtesting.com	
Central MN Mental Health Center Detox and Treatment (St. Cloud).....	(320) 252-6654
cmmhc.org/services/outpatient-services	
Cuyuna Range Alano (Ironton)	(218) 546-8284
Leech Lake Band Addictions & Dependency Program.....	(218) 335-8308
www.llojibwe.org/hs/adprogram.html	
Mille Lacs Band Substance Use Services	(320) 532-7773
MN Adult & Teen Challenge.....	(218) 838-8777
Narcotics Anonymous Minnesota 24-hour help line.....	(877) 767-7676
www.naminnesota.org	
Pine Manor Detox and Treatment program (Nevis)	(218) 732-4337
Quit Partner	(800) 784-8669
quitpartnermn.com	

NURSING HOMES

Aitkin

Aicota	(218) 927-2164
Aitkin Health Services.....	(218) 927-5526

Brainerd

Bethany	(218) 829-1407
Woodland	(218) 829-1429

Crosby

Cuyuna Regional Care Center.....	(218) 546-7000
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Little Falls

Little Falls Care Center	(320) 632-9211
St. Otto's Care Center.....	(320) 632-9281

Onamia

Mille Lacs Nursing Home	(320) 532-2729
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Pierz

Pierz Villa.....	(320) 468-6405
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Pine River

Whispering Pines.....	(218) 587-3209
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Staples

Lakewood Health System	(218) 894-1515
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Wadena

Fair Oaks Lodge	(218) 631-1391
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Walker

Golden Living Center(218) 547-1855

NUTRITION SERVICES

Fare for All(763) 450-3880 / (800) 582-4291
www.fareforall.org

NAPS (Nutritional Assistance Program for Seniors)..... (218) 326-4420 ext 2

Operation Sandwich(218)825-7682
www.operationsandwichcwc.org Email: operationsandwichcwc@gmail.com

Ruby's Pantry (food distribution).....(651) 674-0009
2nd Tuesday of each month - \$20 donation

Sharing Bread Soup Kitchen (Temple Baptist Church).....(218) 829-4203
www.sharingbread.com

Pop-up Produce..... secondharvestncfb.com/get-help/find-food/

Food Shelves:

Aitkin(218) 927-2028

Brainerd (Salvation Army)(218) 829-1120

Crosslake(218) 692-1004

Cuyuna Range(218) 546-7444
Or.....(218) 534-9264

Emily(218) 763-3663

Garrison(320) 692-5399

Lakes Area (Nisswa/Breezy/Pequot/Lakeshore)(218) 568-8474

Pillager(218) 746-4009

Meal Programs:

Homestyle Direct.....(866) 735-0921

Mom's Meals (private pay)(877) 508-6667

For those on waiver programs(866) 204-6111

Senior Dining, Brainerd (LSS)(218) 824-6026

Senior Dining, Crosslake(218) 210-0770

SNAP Food Support Program (formerly Food Stamps).....(218) 824-1250

Brainerd First Lutheran Church.....(218) 829-9552

Brainerd First Baptist Church.....(218) 829-3191

LSS Meals on Wheels (Pequot, Nisswa, Pine River, Breezy)(218) 587-2921

RESPIRE SERVICES

LSS Respite(800) 488-4146
Sliding fee scale, volunteers

Please see Home Care section for in-home respite.
Please see Customized Living section for out-of-home respite

SENIOR CENTERS & SENIOR GROUPS

Senior Activity Center (The Center)(218) 829-9345
803 Kingwood St, Brainerd
Hallett Community Center(218) 546-2616

SENIOR HOUSING

Baxter:

Autumn Glen & Arbor Glen(218) 828-0599
Excelsior Court Apartments(218) 824-8403

Brainerd:

Mississippi Terrace Apartments.....(218) 829-0274
Northern Lights Apartments.....(800) 466-7722
NorthStar Apartments (Brainerd HRA)(218) 828-3705
Oakcrest II Apartments(218) 824-8403
Oakcrest Manor(218) 851-2272

Crosby:

Edgewood/Dellwood Apartments (Crosby HRA)(218) 546-5088

Deerwood:

Woodland & Indian Carry Apartments(218) 534-2912

Ironton:

Ironton Terrace & Ironton Villa Apartments(218) 546-6886

Nisswa:

Pine Shadow Apartments(218) 824-8403

Pequot Lakes:

Sibley Terrace & Parkview Apartments.....(218) 568-4555
LSS Hope Housing.....(218) 829-5000
716 'E' Street, Brainerd

SENIOR HOUSING - SUBSIDIZED HOUSING

Brainerd	(218) 828-3705
Crosby	(218) 546-5088
Deerwood and Ironton	(218) 546-7434
Pequot Lakes	(218) 568-4555

SOCIAL SERVICE AGENCIES

Aitkin County	(218) 927-7200
Cass County.....	(218) 547-1340
Crow Wing County	(218) 824-1140
Toll Free	(888) 772-8212
Mille Lacs County	(320) 983-8201
Morrison County	(320) 632-2951

SUPPORT GROUPS FOR CAREGIVERS

Bethany Good Samaritan.....	(218) 829-1407
Older adult caregivers - LSS.....	(218) 203-7312
Parkinson's Support Group	(218) 828-4700
TBI Support Group	(218) 829-4492

Memory Loss Support Groups:

4th Wednesday of every month

Home Instead (Karen Ford)	(651) 492-3600
108 South 6 th Street, Brainerd	
11:30-12:30 am	

Heartwood Senior Living (Tammy Jo Johnson)	(218) 545-8522
500 Heartwood Drive, Crosby	
3:00-4:00 pm	

SUPPORT GROUPS & TREATMENT PROGRAMS

ADAPT of MN	(218) 829-1063
America Cancer society helpline	(800) 227-2345
www.cancer.org/treatment/support-programs-and-services/patient-transportation.html	
Central MN Adult & Teen Challenge	(218) 833-8777
Focus Unit St. Joseph's Hospital	(218) 828-7374
ALANON	(218) 825-3770
Alcoholics Anonymous.....	(218) 828-4811

Central Lakes AA.....(218) 829-3740

Narcotics Anonymous(877) 767-7676

Advocates Against Domestic Abuse (Aitkin Hope)(888) 276-1720 or (218) 924-2327

Suicide Prevention Hotline (800) 273.8255

LSS Youth Services Homeless Runaway Program .. (218) 828-4383 or (888) 828-4383

Cuyuna Range Youth Center (youth services)(218) 545-6575
cuyunarangeyouthctr.org/

Kinship Partners (Crow Wing County)(218) 829-4606
kinshippartners.org

Salem West (Deerwood)(218) 534-4962
www.salemwestdwd.org

Smiles for Jake www.smilesforjake.org

The Lighthouse Projectwww.lhpmn.org

The Shop Brainerd (youth services)(218) 454-0009
theshopbrainerd.org

United Way 211(800) 543-7709
www.211unitedway.org

Lakes Area United Way(218) 829-2619
www.unitedwaynow.org

CRMC Cancer Support Group(218) 546-4302 or (218) 546-4319

Lutheran Social Services Care Giver Support Program(866) 787-9802
www.lssmn.org/services/older-adults/caregiver-support

Lutheran Social Services Grief and Loss Support Group(866) 787-9802
www.lssmn.org/services/older-adults/caregiver-support

Lutheran Social Services Neighbor to Neighbor(877) 540-9443
www.lssmn.org/services/older-adults/companion-services/neighbor-to-neighbor

Friendship Line (800) 971-0016
www.ioaging.org/services/all-inclusive-health-care/friendship-line

Grief Support and Education (Essentia Health)(218) 828-7442

Grief Resourcesgrief.com

Parkinson's Support(800) 473-4636
www.parkinson.org

National Alliance on Mental Health NAMI.....(888) 626-4435
namimn.org

NAMI North Central Region(218) 828-4877
(serving Aitkin, Crow Wing, Morrison, Todd and Wadena Counties)
www.naminorthcentralregion.org

Gamblers Anonymous 24-hour help line(855) 222-5542
www.minnesotaga.com

Our Place, Northern Pines Mental Health Drop-in Center (Brainerd)(833) 316-0698

Virtual Peer Support Network (Wellness in the Woods) (844) 739-6369
mnwitw.org/vpsn

Another resource for local information can be found at the Region V+ Mental Health Initiative website:

www.region5mentalhealth.com/resources/

TRANSPORTATION SERVICES

C.A.R.E Directory (218) 829-5278
brainerdcommunityaction.org/non-profits/care-directory/

Comfort Keepers (Elderly Transportation).....(218) 822-3200

Health Plan Rides

- Blue Ride (BC/BS)(866) 340-8648
- Health Partners (888) 288-1439
- Medica Provide-a-Ride (800) 601-1805
- UCare Healthride.....(800) 864-2157

Crow Wing County Transit (866) 925-7433

Brainerd Area Taxi (218) 828-1111

Dial-a-Ride.....(218) 825-7433

Brainerd

Formal Driver Evaluations (generally a charge for this and require a MD referral)

- St Cloud (651) 297-3298

For more information call the Brainerd Exam Station (218) 828-2489

Or St Cloud Exam Station (320) 255-3044 and ask to speak to a Supervisor.

Medivan (Medical)local (218)828-1860 or (800) 422-0976

Peoples Express (Wadena) (800) 450-0123

Pequot Lakes Senior Citizen Van (218) 568-9366

Veteran's Service Office (veterans only) (218) 824-1058

Van to Abbott Hospital (800) 258-1210

Grey Hound Bus Lines (800) 231-2222

Road to Recovery (cancer related rides)..... (800) 227-2345

Salvation Army..... (218) 829-1120

Schu-Tran..... (320) 968-7478

Shriner's for Children (218) 722-7488

VETERANS RESOURCES

Brainerd VA Clinic(218) 855-1115
Crow Wing County Veterans Service Office(218) 824-1058
LinkVet(888) 546-5838
linkvet.org
St Cloud VA Health Care System.....320) 252-1670 or (800)247-1739
LSS Military & Veteran Family Support Services(844)577-2673
Veterans Administration.....(800)827-1000
Veterans Crisis Line.....(800)273-8255

VOLUNTEER SERVICES

Interfaith Volunteers(218) 820-7454
interfaithvolunteers18@gmail.com (Volunteers who might be able to help you)
United Way..... 211 or 1-800-543-7709
Free, confidential help to find information for housing, food, clothing, tax assistance, family resources, healthcare, legal services, and much more!

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